

ANTI-BULLYING PLAN 2022

Condobolin Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Condobolin Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Weekly	Morning Assembly once a week to focus on PBL Rule, PBL Language, Wellbeing, and High Expectations
Daily/Weekly	Teaching Staff remind students, pre-teach PBL focus rule, and teach weekly lesson on a Monday between 1:00pm and 1:35pm.
Daily/Weekly	Teachers implement Bullying No-Way, Zones of Regulation, and other social programs.
Fortnightly	Formal Assemblies, include PBL Focus and Rule Reminder

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1-4	MyPL Training, Trauma Informed Modules, Berry Street, MAPA Training, and Disability Modules
	Beginning Teacher Meetings, Updated Staff Handbook to support training
	Safe on Socials, BackFlip against Bullies, Bullying No-Way
	Wellbeing Framework, Learning Wellbeing Officer

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- All staff supplied with updated PBL Staff Booklet and Staff Handbook
- All staff participate in induction meetings, where they receive training by LaST on using Sentral and our behaviour management process
- All staff briefed about Tier 2/3 students and provided with RISK assessments, health plans, crisis management plans, etc, and stored on Sentral under student's profile
- Beginning and new teachers provided with a mentor, beginning teacher meetings, and ongoing support
- All staff provided with ongoing support via supervision (including new and casual teachers)
- Class Profiles shared with all teachers supporting the class and LaST
- Casual Day Plans, including Class Profiles, provided to Casual Teachers as soon as possible before going on class.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
	Parent meeting i.e. P&C, parent/teacher night - Defining student bullying and school supports
	School website school Facebook, Condobolin Public School App, school newsletter - Bystander behaviour
	Written and Verbal communication regarding school initiatives i.e. Facebook, Newsletter, Condobolin Public School App
	Phone calls home; Positive Postcards; Positive Phone calls; notifications to parents via letter with regards to behaviour concerns

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- PBL Lessons on a weekly basis
- Wiradjuri Language Lessons
- Zones of Regulation - Years 3 to 6
- Berry Street Training - Years 3 to 6
- Accessing therapy services, including Counselling, OT and Speech
- Morning Wellbeing Check-ins
- Wellbeing Groups - Girl and Boy Groups
- PSSA Sport
- Gym Wellbeing Groups
- Wellbeing Framework, e.g. Fruit Break, Student Voice Meetings, Brain Breaks, Breakfast Club, Student Leaders
- Attendance Card
- PBL Excursions to tied to Attendance and Behaviour
- PBL Reflection Sheets/Hassel Log

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