



NEWS BULLETIN

Strong Smart Proud

68 Molong Street
Condobolin 2877

Principal: Ms Deborah Nay

Telephone: 0268 952 134
Facsimile: 0268 953 665

DATES TO REMEMBER

Wednesday 21 October
AECG - AGM -
CTC Building

Friday 23 October
KB Assembly

Friday 30 October
Book Fair
8.00 am to 4.00 pm

Friday 20 November
Kinder Orientation Day
5/6P Assembly

Friday 11 December
Year 6 Graduation

Tuesday 15 December
Presentation

Wednesday 16 December
Last Day Term for
Students

Allergy AAA School

this means that children,
parents, carers and visitors
are asked **TO NOT WEAR**
anything scented as we have
children with severe allergies
in our school.

Please: NO nuts
(including nutella)

SCHOOL BANKING

MONDAYS



Principal's Report

Congratulations to the students that participated in the Stage 2 excursion to Lake Burrendong last week. They had a great deal of fun and have been excellent ambassadors for our school. We thank the teachers that gave their time to accompany these students.

On behalf of the students and staff of Condobolin Public School, I would like to wish all Year 12 students well as they undertake their HSC examinations, and enter a new phase in their lives as adults.

State Athletics

We wish Clarrie Harris and Chloe Richards well as they travel to Sydney to represent Western NSW in their respective shot put event on Wednesday and Thursday.

Smart in the Sun

As we head into the warmer weather, it is expected that all students will have a broad-brimmed hat to play on the oval. Hats are available for purchase at the canteen at a cost of \$16.

Head Lice Check

During the holidays, your children have spent time with other young friends and relatives from other locations. Sometimes this allows for head lice to be spread to a clean scalp. Could you please check for, and treat, any of these nasties as soon as possible. It is only through vigilance, and ensuring that all eggs are removed from treated hair that head lice can be kept under control.

Attendance Reports

This week, we are providing an attendance report for each student to keep parents informed. The reports relate to the percentage of attendance for students during the ten weeks of Term 3, regardless of whether absences were explained or not.

Your child will have received a Principal's Award sticker, gold star or green dot where attendance has been at or above 93%. Where a student received a red or yellow sticker on the report, and students were not granted extended leave or had medical certificates for illness, a concerted effort needs to be made to improve attendance in Term 4.



Cont'd ...

High School Transition

Transition to high school sessions will continue this Wednesday. Students will be permitted to wear their Year 6 shirts on these days. As transition lessons may include practical lessons that require appropriate footwear, students who do not wear black school shoes or joggers will not be able to participate.

Skate Park Concerns

I have received a report that some primary aged children are being charged a fee to play at the skate park. To reduce the opportunity for any bullying of younger people to occur, it is important that children under 14 years of age are adequately supervised by adults at the skate park.

Scooters and Bicycles

From time to time, scooters and bicycles disappear from front yards, the pool and skate park. To prevent your child's scooters and bicycles from being stolen, it is recommended that they are taken inside, placed in the back yard or locked away in a secure shed. It is also recommended that a locking mechanism is used when taking scooters or bikes to the pool or the park to prevent them from being stolen.

Parents are reminded that children must be wearing a helmet to ride their bicycle to and from school. Children will not be permitted to take their bicycle home without a helmet.

Emergency Contacts

To ensure that we have the correct emergency contact details, please let the school know as soon as possible when you change address, your phone number, and contact details for emergency contacts.

AECG Annual General Meeting

The Annual General Meeting for the AECG will be held on Wednesday, 21 October at Western Plains Regional Development (CTC) building. All are welcome to attend.

Deborah Nay
Principal

PBL NEWS

Focus this week: **Classroom Rules**



Strong



Smart



Proud

Canteen News

Now available at the Canteen:

Lunch Wallets - reusable lunch order bags - \$12.00

Insulated Lunch Wallet - \$14.00

Thursday & Friday Special

Caesar Salad Tub - \$4.00

Caesar Salad Wrap - \$5.00



VOLUNTEERS

Wednesday	14 Oct	Stacey W	Wednesday	21 Oct	Tanya M
Thursday	15 Oct	Krista K	Thursday	22 Oct	Cee W
Friday	16 Oct	Krista K	Friday	23 Oct	Cee W/ Natalia M
Monday	19 Oct	Jenny K	Monday	26 Oct	Janine G
Tuesday	20 Oct	Abby G	Tuesday	27 Oct	Helena H

If unable to help please contact canteen - 68952703

Stage 2 Excursion to Lake Burrendong

Last week, 33 students from stage 2 travelled to Lake Burrendong for a three day stay at the Sport and Rec Camp. During their stay, students were involved in a variety of activities like a giant Slip and Slide, kayaking, low ropes course, making boomerangs, raft building and rock climbing. All students who went on the camp had a wonderful time trying new things and giving every exciting activity a go. Students also got to participate in a Dance Party and Games Night during the evenings. Students learnt lots of games and dances that they have continued to play since returning to school.

Mrs Bartlett and Mrs Fyfe would like to congratulate all the students who went on the excursion for their outstanding behaviour during the entire camp.



Making Boomerangs



Rock Climbing



Slip and Slide



Low Ropes Course





Condobolin Public School

If you missed out last term . . .

K-2 Open Classrooms

L3 Literacy Overview for Parents

L3 In Action - K-2 Class Visits

When: Friday 30th October

Time: 11.50am—12.30pm

Language, Learning and Literacy (L3)

Family, friends and community members that missed the Open Classrooms at the end of Term 3 are invited to come along and learn about our L3 Literacy programs for Kindergarten, Year 1 and Year 2 children. These programs have been implemented with our teachers over the last 2 years (3 years for Kindergarten) and have had a successful impact on literacy teaching and learning across K-2.



We welcome all family, friends and community to join us. We will start the tour in the school hall at 11.50am.

BLING BLING



DISCO

At CENTRAL WEST FAMILY SUPPORT

FRIDAY 23rd OCTOBER 2015

PRESCHOOL AND UNDER

5.30PM-7.00PM

HIGHSCHOOL

7.30PM - 9.00PM

Entry is FREE !!!

Food will be available for purchase.

PRIZES FOR BEST DRESSED

Call 02 6895 2533

THE DISCO WILL BE HELD IN OUR

NEW BUILDING

18a Lachlan Street Condobolin

(next to Ray Sheilds)



Karate Classes

**First two
classes
FREE***



Training for Children & Adults

Monday Nights during School Term:

Mini Ninja's/Young Beginners (4-6 years): 3:45 - 4:15pm,

Beginners/Intermediate (All ages - 7+): 4:30 - 5:30pm,

Kata Class (Yellow Belt+): 5:30pm to 5:45pm

Intermediate-Advanced (Orange Belt+): 5:45 – 6:30pm

At Condobolin RSL Auditorium

Get fit and learn how to defend yourself

Come and enjoy these fun and friendly classes



Not just for Kids! Adults can join in the training program too and parents can attend classes with their child/ren ...it makes a great bonding experience!

**For new students – Note that membership and class fees will need to be paid on your third class if you choose to continue.*



Condobolin Public School would like to invite all Grandparents to attend an assembly to show our appreciation. Like Mother's Day and Father's Day, it's a time for family celebration, and a chance to honour the important role grandparents play in children's lives.

On Friday, 23rd October at 1.00pm students in KB will hold their formal assembly and perform an item. After the assembly we would like to invite grandparents and people that play a grandparent role to stay and enjoy a cuppa and cake.

From staff and students of Condobolin Public School

VOLUNTEER AWARD – YOUTH & OPEN CATEGORIES

Sport and Recreation are again holding the **Central West Winter Sport Volunteer Award**.



It's the end of the winter sporting season, but its not too late to recognise the efforts of the outstanding volunteers who keep sport going in our communities. The Award has separate categories for both open and youth (25years and under) to recognise the importance of all aged volunteers in grassroot sports.

In 150 words or less tell us how your volunteer is worthy of being nominated. All nominees will receive a certificate, with the winner and runner up being awarded \$250 & \$100 (respectively) to spend on approved sports development programs. It's a great way to say thank you to a coach, committee member, official or manager. It's a simple process that wont take long, but will make the nominee feel valued as a volunteer.

Nominations can be made online via the Sport and Recreation website sportandrecreation.nsw.gov.au/volunteeraward or call 6362 6623.

Nominations close Friday 6th November 2015.

Please join us;

BENDIGO BANK AGENCY OFFICIAL OPENING

10AM

WEDNESDAY 14TH OCTOBER 2015
WPRD – 18 WILLIAM STREET



Sport and Recreation's Swim and Survive lessons

Australian summers usually involve plenty of fun in and around the water, but no parent should forget how important it is to make sure children stay safe.

Sport and Recreation's Swim and Survive classes for preschoolers and school-aged children help youngsters learn important ways to be safe and enjoy our pools, rivers, beaches and lakes.

The intensive nine-day programs provide wonderful results, and are great fun as well. Plus, family discounts make our program affordable for all the children in the family.

Sport and Recreation runs Swim and Survive classes in pools throughout regional NSW.

Our instructors are nationally qualified and screened for their suitability to work with children.

Prices for nine lessons are \$69 for school-aged children and \$49 for preschoolers (prices exclude pool entry fee).

For more information or to make a booking, visit
sportandrecreation.nsw.gov.au/swimandsurvive
or phone 13 13 02





67 Woodward Street, Orange NSW 2800 - Ph (02) 6361 1370 - Fax (02) 6361 1371
All correspondence to: **PO Box 8132 ORANGE EAST NSW 2800**

CONDOBOLIN PRESCHOOL AND CHILDCARE CENTRE INVITES YOU TO ATTEND

A Behaviour Management Workshop

Thursday 15 October 2015
At Condobolin Preschool
4-6pm

Presented by Caro Consultancy & Capable Kids
"Angels or Anklebiters"

1. Why does negative behaviour occur
 - a. Learning theory
 - b. Reasons for misbehavior
2. Understanding triggers (attention seeking, power related behaviours, Anxiety based behaviours, revenge/jealousy behaviours)
3. Practical strategies to manage behavioural issues
4. Question and Answer Time

COST: \$10 (light supper provided)

RSVP: 14 October 2015
admin@condobolinpreschool.com.au or phone 68952784

Live Life Well @ School

Our School Promotes Health....



Health
Western NSW
Local Health District



Health
Far West
Local Health District

You can support the health messages we teach at school:

Fruit, vegetable & water set time E.g. *Crunch & Sip*

- This is a time for students to re-fuel, which helps kids to concentrate better
- It also teaches them to enjoy healthy snacks of fruit and veg and to drink water
- Try carrot sticks, cucumber slices, cherry tomatoes, broccoli florets, diced watermelon, ½ an apple or a small banana
- More info at <http://healthy-kids.com.au/category/crunchsip/>



Lunchboxes

- Students are taught healthy eating in the classroom as part of the curriculum, and packing a healthy lunch is a great way for parents to support this message
- A healthy lunchbox should include at least 1 food from each of the 5 food groups:
 - Breads and cereals (our energy foods)
 - Vegetables (full of vitamins and fibre)
 - Meat and alternatives (help you feel full)
 - Dairy (for strong bones)
 - Fruit (for energy and fibre)
- For ideas visit www.freshforkids.com.au/lunch_box/lunch_box.html

Fresh Tastes @ School

- Fresh Tastes @ School is the NSW School Canteen Strategy
- It assists schools to make healthy options available whenever food is provided or sold, not just in the canteen
- Talk to your child about healthy foods on our canteen menu & help identify foods they like
- For more info head to www.healthy-kids.com.au & click on school canteens.

Physical Activity

- Fundamental Movement Skills (FMS) are the building blocks of all sports & games. E.g. to play soccer we need to learn to kick a ball and run
- Research shows if children are competent in these FMS they are more likely to be physically active as they grow up
- Parents, encourage your children to turn off the TV, put down the iPad and be active. Have fun being active with them!
- Guidelines advise 60 minutes of physical activity for your child every day.
- To reduce health risks, screen time (e.g. TV, iPhone, iPads, electronic games & computers) for children 5-12 years should be less than 2 hours in total per day.
- Info & great ideas [http://www.health.gov.au/internet/main/publishing.nsf/Content/F01F92328EDADA5BCA25278F0001E720D/\\$File/brochure%20PA%20Guidelines_A5_5-12yrs.PDF](http://www.health.gov.au/internet/main/publishing.nsf/Content/F01F92328EDADA5BCA25278F0001E720D/$File/brochure%20PA%20Guidelines_A5_5-12yrs.PDF)



Condobolin Public School

Transition Days

Come along, learn and have fun

This year we would like to offer children who are starting Kindergarten at Condobolin Public School in 2016 the opportunity to attend our Kindergarten transition program. We would like to tailor our transition program for the specific needs of children who intend on enrolling at Condobolin Public School. For this to occur we would appreciate enrolments to be completed as soon as possible.

We will continue to offer the same opportunity as Term 3 and will increase transition to two sessions per week.

If your child attends either pre-school service on the days transition is being held, the pre-school staff will bring your child across to Kindergarten and attend the session, stay with your child and after each session is over walk children back to their pre-school.

If your child doesn't attend pre-school on that day or doesn't attend a prior to school service, children can still attend transition lessons. Please bring your child to school on transition day, five (5) minutes before the session commences via the Molong Street entrance of the school and walk your child to the Kindergarten classroom.

We ask you to sign your child in for attending each session. You are then welcome to stay and join in if you like. Otherwise, please be back on time at the end of the session to sign your child out.



Condobolin Public School
CPS Kindergarten Transition Program 2015
Term 4 Weeks 1 - 9

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1			7 th October 1.00-1.30pm	8th October 1.00-1.30pm	
2	12 th October 1.00 – 1.30pm	13 th October 1.00-1.30pm			
3			21 st October 1.00 – 1.30pm		23rd October 1.00 -1.30pm KB ASSEMBLY
4		27 th October 1.00 – 1.30pm		29 th October 1.00 – 1.30pm	
5	2nd November 1.00 – 1.30pm Stay and have recess and play till 2pm				6 th December 1.00 – 1.30pm 3B ASSEMBLY Stay and have recess and play till 2pm
6		10 th November 1.00 – 1.30pm Stay and have recess till 2pm		12 th November 1.00-1.30pm Stay and have recess until 2pm	
7	16 th November 1.00-1.30pm Stay and have recess and play till 2pm				20 th November Orientation Morning 9.30 – 12.00
8			25 th November 1.00-1.30pm Stay and have recess and play till 2pm	26 th November 1.00-1.30pm Stay and have recess Until 2pm	
9					4 th December K-2 Christmas Concert

