



## NEWS BULLETIN

*Strong Smart Proud*

68 Molong Street  
Condobolin 2877

Principal: Ms Deborah Nay

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### DATES TO REMEMBER

**Wednesday 7 October -**  
**Friday 9 October**  
Stage 2 Excursion

**Thursday 8 October**  
P & C Meeting 7.00 pm

**Wednesday 21 October**  
AECG - AGM

**Friday 30 October**  
Book Fair  
8.00 am to 4.00 pm

**Friday 20 November**  
Kinder Orientation Day

### Allergy AAA School

this means that children,  
parents, carers and visitors  
are asked **TO NOT WEAR**  
**anything scented** as we have  
children with severe allergies  
in our school.

Please: NO nuts  
(including nutella)

### SCHOOL BANKING

MONDAYS



### Principal's Report

Welcome back to the final term of this year. The last three terms have passed very quickly, so it is expected that the next eleven weeks will pass just as quickly.

Congratulations go to the students and staff involved in our successful Variety Concert at the end of last term, with terrific feedback received from members of the audiences.

#### Hot Week Ahead

With a week of hot weather ahead, students will need to have a broad-brimmed hat and drink plenty of water. Although this indicates that this summer could be quite warm, there is traditionally a brief cold-snap early in Term 4. Because of this, we ask that students continue to carry a jumper in their bags.

#### It's Not Okay to Be Away – Or Late

With the recent change to Daylight Savings time, it will be more difficult to get students to school on time.

Regular bedtimes which see young children in bed by 7.30 pm and older students asleep by 8.30 pm help to get children out of bed on time. Packing lunches the night before assists parents to get children to school on time.

Children who miss school, miss out on education . . . Being late can mean that students miss the introduction to lessons and don't have time to build positive relationships with peers before class. Being on time, and attending every day can reduce anxiety associated with school.

#### Stage 2 Excursion

Approximately thirty students from Years 3 and 4 will be participating in a three-day excursion to Lake Burrendong this week. The students are expected to be at school by 7.30 am as the bus will be leaving promptly at 8.00 am on Wednesday, 7 October. They will return to school on Friday, 9 October at around 5.30 pm. Lunch will be provided on the trip over on Wednesday.

In line with our Excursion policy, students will not be permitted to take any electrical item that can access internet or social media, any sharp or expensive items.



Class 2T ready  
for the Variety  
Concert

Cont'd ...

### High School Transition

Transition to high school sessions will continue next Wednesday. Students will be permitted to wear their Year 6 shirts on these days. As transition lessons may include practical lessons that require appropriate footwear, students who do not wear black school shoes or joggers will not be able to participate.

### Dental Screening

Students in K-2 that have returned their permission notes will participate in Dental Screening this Thursday.

### The Partners in Learning Parent Feedback Survey

Our school will be participating in the *Partners in Learning* parent survey on student engagement. The survey is conducted entirely online at home or on public computers. The survey will typically takes 15 minutes or less to complete and is completely confidential. The parent survey will be conducted until 16 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated.

Parents and carers access the survey via this direct link:

[https://nsw.tellthemfromme.com/j\\_acegi\\_security\\_check?j\\_username=parent16933&j\\_password=Con1609](https://nsw.tellthemfromme.com/j_acegi_security_check?j_username=parent16933&j_password=Con1609)

The link should open directly to the 'Begin Survey' page of the parent survey, and no login details should be required. If the survey opens to a login page, please **copy and paste the link into your internet browser**. This will ensure the survey launches directly to page one of the survey.

### AECG Annual General Meeting

The Annual General Meeting for the AECG will be held on Wednesday, 21 October. The location is to be advised. All are welcome to attend.

### P&C Meeting

The next meeting of the P&C will be held this Thursday, 8 October in the school library from 7.00 pm. All are welcome to attend.

### Book Fair Coming to CPS

Students and parents will have the opportunity to purchase books at our Term 4 Book Fair to be held on Friday, 30 October between 8.00 am and 4.00 pm.

Deborah Nay  
Principal

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## PBL NEWS

Focus this week:    **Classroom Rules**



*Strong*



*Smart*



*Proud*

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## Canteen News



**Now available at the Canteen:**

Lunch Wallets - reusable lunch order bags - \$12.00

Insulated Lunch Wallet - \$14.00





## **ANGLICAN FLOWER SHOW**

9th October

**Open:** Vegetable or Fruit Animal  
Floral Fairy Garden

**10 years & under:** Exhibit of Handicraft

**Over 10 years:** Exhibit of Handicraft

**Prize Money:** 1<sup>st</sup> each section \$5.00  
2<sup>nd</sup> each section \$2.00

**Entry is free.**



## **2016 School Boys Cricket Team**

Boys from Year 2 - aged 8 years and Years 3 to Years 5 are invited to join Miss Richards on Thursdays at recess to start training for our PSSA Team for next year.







## Building parent-school partnerships

WORDS Michael Grose



# Developing your child's social media scripts

It's important to start conversations with children about using social media at a young age to prepare them to be savvy users when we're not around.

'If a job's worth doing, it's worth doing well.'

This mantra always pops into mind whenever I'm about to cut some corners or do a rushed job in any endeavour. As a result, I double-check every article I write for mistakes. I overproof every talk I give. And I continually edit and re-edit my books. This message keeps me at the top of my game.

I can thank, or blame, my mother for inserting this mantra in my mind as she repeated it whenever I did a rushed job as a youngster making my bed, doing homework or cleaning up my bathroom mess.

Parents of every generation have always found ways to frame messages of safety and success for their children to remember. Parents of past generations who only had to contend with the offline or real world intuitively knew that they needed to teach child important lessons about safety and manners rather than assume they'll be understood.

The same maxim holds true for the world of social media that children now inhabit from an increasingly young age. Even though our children are growing up with technology as a part of their every day lives, they will still make plenty of mistakes while using it. This means we need to have direct conversations with our kids about the comments and posts that are okay to make using social media of all forms.

As parents we teach our kids to talk politely and clearly so that they know how to speak to others when we're not around. In effect, we give our kids social scripts to fall back on when they talk to friends, teachers and relatives. There's no guarantee they'll look an adult in the eye when they speak to them, but our discussions, reminders and lessons about manners will hopefully hold up when we're not around.

The same applies to social media. Our conversations and lessons will prepare them to be savvy users when we're not

around. Here are some ideas to get you started:

### 1 "Is this worth posting?"

The relatively impersonal nature of social media means that we can post information and pictures with relative immunity. Also its immediacy means that we can do so without much thought. This means that kids need to be very critical about what they see online. 'Is this accurate?' and 'Is this worth posting?' are two valid questions children can ask when they read posts placed by others.

### 2 "Have you taken a big breath?"

A child who blurts out everything that comes into his mind without thinking is sure to put plenty of people offside. 'Think before you speak' is the type of message that every child should have in mind.

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### ... Developing your child's social media scripts ...

The same applies to social media. Just because they think something doesn't mean they post it. 'Take a big breath' may just about be the most important message to give your kids about social media.

#### 3 "Do you want the principal to see this?!"

An invitation to a teenage birthday party posted on social media is one way to get more attendees than you bargained for! The viral nature of social media means that kids should only post messages and photos that they want to be spread and read by a large audience.

#### 4 "How does this post make you feel?"

We need to teach kids that not every post needs to be commented upon and not every thought needs to be shared, particularly when they are angry. Teaching them to walk away and then to step back in when they've calmed down is perhaps the most important communication lesson of all. It is very relevant to social media as emotions are often the last thing on many people's minds when they haphazardly post a message.

#### 5 "How will you fix this?"

Social media just like any social space requires kids to behave ethically and with kindness. When kids overstep the mark and post hurtful things then it's fair that they fix their mistakes, and apologise. It's reasonable that we teach our children to act with tolerance and with empathy online, and if mean things are posted then they should be expected to try to repair relationships through social media, just as they should offline.

I agree with *Gail Breen* author of *Kindness Wins* who says that parents should have conversations with children around social media before they reach the teenage years. Starting these conversations when they are younger means that they are more open to our parenting opinions, as well as being a little more amenable to the messages of tolerance, kindness and empathy that we need to encourage.

Michael Grose



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at [parentingideas.com.au](http://parentingideas.com.au). You'll be so glad you did.







Year 6 - High School Transition



## Year 2 students participate in NRL Backyard League

Last Term, over a period of five weeks, Year 2 students participated in Play NRL In-School Program as part of the Sporting Schools Program that replaced Active After-School Communities program. The play NRL In-school program aims to introduce students to Rugby League in a safe, non-competitive and fun environment.

The Year 2 program used story based learning to assist young students to grasp the skills and concepts of rugby league. Lessons were designed to build on students fundamental movement skills, learning through active play and minor games in a fun and safe environment.

The Play NRL In-School program comprised five lessons of 30 minutes run by Alex Prout from Country Rugby League and Miss Sarah Norton from Condobolin High School PDHPE staff with the fantastic group of High School students that came along each week to support our Year 2 students. The program allowed students to learn about NRL Backyard League with activities that were based on students' age and ability and were modified to encourage maximum involvement and enjoyment for all participants.

All Year 2 students thoroughly enjoyed their experience and at the end of the five week program, receiving a NRL Steeden Football as part of participating in the program.

Miss Seagrott, Mrs Thompson and the Year 2 students would like to thank Alex Prout, Miss Norton and the High School students for coming along and teaching us how to play 'backyard footy'. We all had a great time!







# Condobolin Public School

## Transition Days

### Come along, learn and have fun

This year we would like to offer children who are starting Kindergarten at Condobolin Public School in 2016 the opportunity to attend our Kindergarten transition program. We would like to tailor our transition program for the specific needs of children who intend on enrolling at Condobolin Public School. For this to occur we would appreciate enrolments to be completed as soon as possible.

We will continue to offer the same opportunity as Term 3 and will increase transition to two sessions per week.

If your child attends either pre-school service on the days transition is being held, the pre-school staff will bring your child across to Kindergarten and attend the session, stay with your child and after each session is over walk children back to their pre-school.

If your child doesn't attend pre-school on that day or doesn't attend a prior to school service, children can still attend transition lessons. Please bring your child to school on transition day, five (5) minutes before the session commences via the Molong Street entrance of the school and walk your child to the Kindergarten classroom.

We ask you to sign your child in for attending each session. You are then welcome to stay and join in if you like. Otherwise, please be back on time at the end of the session to sign your child out.



**Condobolin Public School**  
**CPS Kindergarten Transition Program 2015**  
**Term 4 Weeks 1 - 9**

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1			<b>7<sup>th</sup> October</b> <b>1.00-1.30pm</b>	<b>8th October</b> <b>1.00-1.30pm</b>	
2	<b>12<sup>th</sup> October</b> <b>1.00 – 1.30pm</b>	<b>13<sup>th</sup> October</b> <b>1.00-1.30pm</b>			
3			<b>21<sup>st</sup> October</b> <b>1.00 – 1.30pm</b>		<b>23rd October</b> <b>1.00 -1.30pm</b> <b>KB ASSEMBLY</b>
4		<b>27<sup>th</sup> October</b> <b>1.00 – 1.30pm</b>		<b>29<sup>th</sup> October</b> <b>1.00 – 1.30pm</b>	
5	<b>2nd November</b> <b>1.00 – 1.30pm</b> Stay and have recess and play till 2pm				<b>6<sup>th</sup> December</b> <b>1.00 – 1.30pm</b> <b>3B ASSEMBLY</b> Stay and have recess and play till 2pm
6		<b>10<sup>th</sup> November</b> <b>1.00 – 1.30pm</b> Stay and have recess till 2pm		<b>12<sup>th</sup> November</b> <b>1.00-1.30pm</b> Stay and have recess until 2pm	
7	<b>16<sup>th</sup> November</b> <b>1.00-1.30pm</b> Stay and have recess and play till 2pm				<b>20<sup>th</sup> November</b> <b>Orientation Morning</b> <b>9.30 – 12.00</b>
8			<b>25<sup>th</sup> November</b> <b>1.00-1.30pm</b> Stay and have recess and play till 2pm	<b>26<sup>th</sup> November</b> <b>1.00-1.30pm</b> Stay and have recess Until 2pm	
9					<b>4<sup>th</sup> December</b> <b>K-2 Christmas Concert</b>





2S Ready for the Variety Concert

3/4F are ready to Rock...

