



NEWS BULLETIN

Strong Smart Proud

68 Molong Street
Condobolin 2877

Principal: Ms Deborah Nay
condobolin-p.school@det.nsw.edu.au

Telephone: 0268 952 134
Facsimile: 0268 953 665

DATES TO REMEMBER

Wednesday 31 August
Meet the Staff Evening
High School for Year 6

Friday 2 September
Western Region Athletics

1P Formal Assembly
1.00 pm

Monday 5 September
P & C Meeting 7.00 pm

Tuesday 6 September
Stage 1 Public Speaking
1.00 pm

Tuesday 13 December
Presentation Day

Allergy AAA School

this means that children,
parents, carers and visitors are
asked **NOT TO WEAR**
anything scented as we have
children with severe allergies
in our school.

Please: NO nuts
(including nutella)

SCHOOL BANKING

MONDAYS



Last Friday, our staff were involved in training, with all revising our CPR skills. In addition to this, teachers spent time becoming familiar with the new Geography syllabus which is to be implemented next year.

Western Region Athletics

Fourteen students will be representing our school at the Western Region Athletics Carnival in Dubbo this Friday. We have been advised that the carnival will go ahead except in the event of torrential rain.

Variety Concert

This year, our students will be performing in two Variety Concert matinee performances and one early evening performance. This is a little different to the last few years where there has been one matinee and two evening performances. More information will be provided in coming weeks in relation to the availability of tickets for the performances.

Students will need to have costumes at school by 8 September in readiness for the upcoming dress rehearsal. Teachers have provided information about costumes.

Assembly

Parents and carers are invited to attend our formal assembly this Friday, 2 September in the hall starting at 1.00 pm. The students in 1P will be leading this assembly.

Father's Day Stall

The P&C will be holding a Father's Day stall this Friday. Children in infants will have the opportunity to purchase gifts shortly before lunch, while students in primary classes will be able to buy gifts during the lunch break.

We wish all fathers, grandfathers, uncles and father-figures a happy Father's Day this Sunday.

Mobile Phones

Parents are reminded that children should not be bringing mobile phones to school. If students do bring phones or other technology to school, they are expected to store these in the office and not use these during the day. It is the responsibility of students to collect their phones or technology from the office at the end of the day.

P&C Meeting

The next P&C meeting will be held in the school library on Monday, 5 September from 7.00 pm. All parents are welcome to attend. Results of the uniform survey will be discussed.

Deborah Nay
Principal



Strong



Smart



Proud

CANTEEN NEWS

Specials:

Wednesday:	Chicken curry and rice	\$7.00
Thursday:	Spaghetti and Meatballs	\$5.00

If you are able to help in the school canteen, please see Cee. There have been a number of days lately when there has been no one to help in the canteen. This makes it very hard to get orders made on time.

Stage 1 Public Speaking Reminder

Year 1 and Year 2 students have been invited to participate in a mini Public Speaking Event, as an extra curricula activity. Children who would like to participate, are invited to prepare and rehearse a one minute speech around **one** of the following topics –

My Pet

My Favourite Book

My Family

When I Grow Up



Speeches are to be prepared and practiced at home but Ms Horvat will be available to help students during some lunch and recess breaks. Please send a copy of the speech as a work-in-progress, with your child to school if he/she would like some help with it.

Friends and family will be able to come along and listen to students present their speeches in front of an audience in our school hall on **Tuesday 6th of September, 2016 at 1:00 pm.**

JUNIOR CRICKET

Monthly Meeting

Monday 5 September 2016

6.00 pm - Sports Club



Condobolin Public School

Molong Street
CONDOBOLIN NSW 2877

Strong Smart Proud

Ms Deborah Nay
Principal

condobolin-p.school@det.nsw.edu.au
Ph: 0268 952134
Fax: 0268 953665



Calling All Dads, Grandads, Uncles, Big Brothers and Friends



To all the amazing men who play a huge part in our lives

On Friday 2nd September class 1P would like to invite you to attend their class assembly to celebrate Father's Day. Students would like to perform an item to acknowledge the importance of having male role models in students' lives, and for all the love, support and encouragement you offer on a regular basis.

We hope you can join us and share in the lives of our many students.

**"WITHOUT A POSITIVE MALE ROLE MODEL IN
YOUR LIFE, IT IS EXTREMELY DIFFICULT TO
BECOME A MAN WHO BENEFITS HIS FAMILY
AND BENEFITS SOCIETY."**

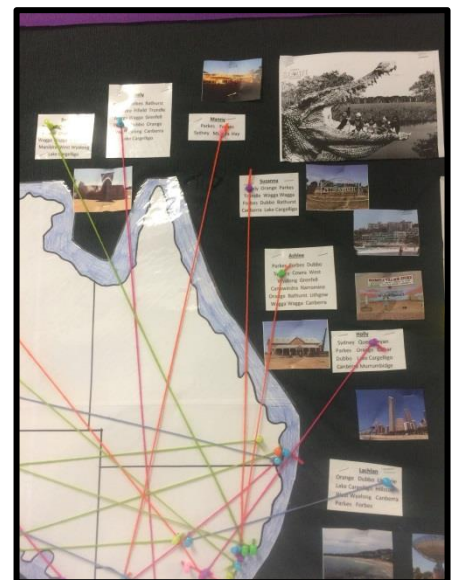
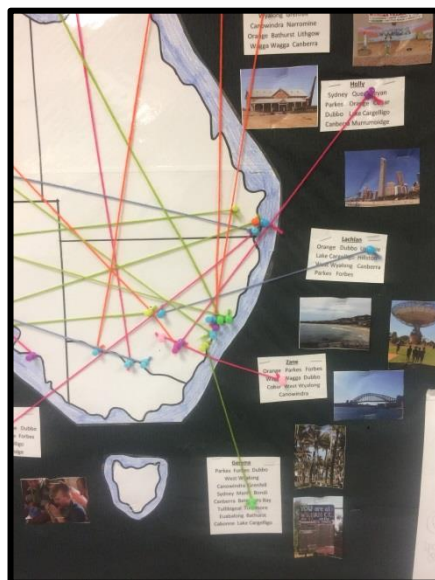
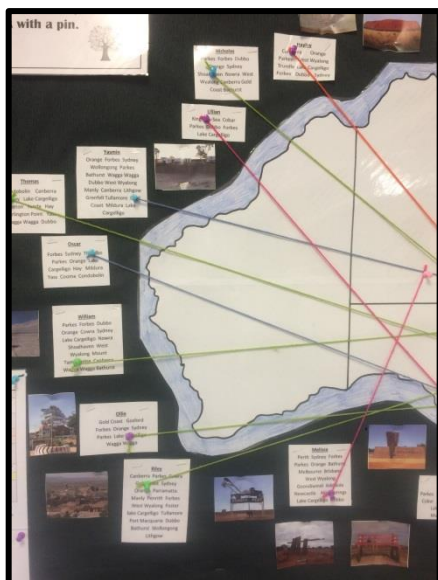
DONALD MILLER

© Lifehack Quotes

Hope to see you there at 1.00 pm

Snapshots from Stage 2 – Class 3/4D

Students in 3/4D have been working on the unit 'Cooperating Communities'. As part of this unit of work, students have looked at different communities from around Australia. Across the class, students have listed the places they have been to and selected their favourite community to mark (with a pin) on a map of Australia. This pin is then joined from their name to where this community is located. Students in Class 3/4D sure have been to lots of different parts of Australia!



Snapshots from K6L

Last Thursday students in K6L designed vegetable creatures to enter in the Condobolin Show. Students were able to select from a wide variety of vegetables to create a design for the category of "My Favourite Animal". Mrs Lynch and Mrs Dargin were very impressed with the final designs. Each student received an encouragement award from the Condobolin Show Society, for their fantastic efforts.



Zakayla's Hungry Caterpillar



Lorraina's Sheep in the Grass



Noah's Spotty Dog



Bryson's Clever Owl



Isaac's Sneaky Fox

Show Time – School Display

Congratulations to all students and class teachers for the wonderful school display at the Condobolin Show. This year the theme was "Living On the Lachlan" and each class was able to represent this theme in a unique and creative way.



KIDS CAN JOIN THE FUN AND
LEARN TO PLAY CRICKET

PLAYCRICKET.COM.AU



Condobolin Junior Cricket

Junior – Year 3 to Year 6

Secondary – Year 7 to Year 12

Milo Cricket – Kindergarten to Year 2

**PLEASE NOTE CHANGE IN VENUE AND TIME FOR
REGISTRATION**

Friday 9th and Friday 16th September 3.30pm to 4.30pm
at Condobolin High School Library

Fees

Milo \$75 each

Junior & Secondary \$50 each

Cricket will commence Saturday 15th October 2016

Registration: is required to be completed online this year and paid for via credit or debit card. *(if this is a problem please see the committee at the registration afternoon)*

If you need help with online registration please attend the registration afternoon at the High School.

All returning players who provided email addresses last year have been sent

Rego links with details. Those who didn't can still register but will need to contact

Lizzie to obtain their Id number or attend the Registration Day.

New players are to just select **New Participant** and continue through the site.

The address to complete rego's at is:

<http://www.playcricket.com.au/club-finder/club-details>

**ALL REGO'S NEED TO BE COMPLETED by
Monday 19th September as teams will be created this week.**

If you have any questions please contact Lizzie at lizziekeen@live.com.au

JUNIOR / SECONDARY CRICKET

- For both girls and boys
- Fun, Social and Competitive
- Played Saturday mornings, 8.30am
- Training offered with your team during the week
- Equipment not needed

MILO in2CRICKET

- For both girls and boys
- Great fun, safe and kids learn basic cricket skills and is for kids of all abilities



School Holiday Tennis Camp

Thursday 29th and Friday 30th September

9.30 am - 12 noon for younger children
1.00 pm - 3.30 pm for older children

Cost: \$50/child for 2 days

Coach: Ken Wray (head coach for FWAS). Contact: Carolyn Girle on 0427 965 305

The following awards will be handed out on Friday at 1.00 pm

Merit Certificates					
KO	Alex Margery	KS	Ryan Nagle	1J	Roy May
1P	Taya Donovan	2B	Elly Bulloch	2D	Pierson O'Dwyer
3F	Tyler Bell	3K	Felicity O'Hara	3/4D	Lachlan Richards
4B	Devansh Pandya	5S	Joel Nagle	5/6P	Matthew Brasnett
6R	Sophie Jones	K6L	Lorraina O'Dell		
Student of the Month					
KO	Memphis Jones	KS	Georgia Clemson	1J	Vanessa Smith
1P	Will Patton	2B	Mischa Preuss	2D	Mikaela Harris
3F	Tara Hughes	3K	William Morgan	3/4D	Zane Saunders
4B	Damon Reardon	5S	Jessica Hutchings	5/6P	Savannah Farr
6R	Nic Manwaring				



The school's garden and K6L class did well with their entries at the show. Thank you Mrs Dargin and Ms Horvat for your time and effort.

Seminars for Parents and Educators

Condobolin 19th September 2016

SPEECH-LANGUAGE-READING-SPELLING



ABOUT THE PRESENTER

Karen Trengove - Speech Pathologist

Karen is the founder of Learn2Communicate and has over 20 years of speech pathology experience. She is passionate about helping educators support children to develop speech, language and literacy skills. Karen has presented widely at state and national conferences and is also the author of three resource kits designed specifically for Australian early childhood educators available at www.learn2communicate.com.au



ABOUT THE SEMINARS

Learning to communicate is the most important skill we will develop in our lifetimes. Children can become Effective Communicators (EYLF Outcome 5) only if Speech Pathologists, Parents and Educators work in partnership to nurture children's speech and language skills.

Seminar 1 PRESCHOOL 9:30-12:00 will cover the 'Red Flags' for identifying speech, language and communication difficulties. Karen will also share her '10 Tips for Talking' with participants guaranteed to boost speech and language development in all young children. Activities to help children with speech difficulties and building reading readiness in preschool aged children will also be addressed in this seminar.

Seminar 2 SCHOOL 1:00 - 5:00 will provide parents and educators with a step by step approach to implement a synthetic phonics approach for reading and spelling in the early years. This approach will enhance rather than replace any existing programmes used in your school (K-2) and is based upon developing clear speech and then building solid phonological awareness and effective oral language skills for all students. Reading and spelling can then be taught in a planned, purposeful and developmentally appropriate sequence.

Limited Numbers first in best dressed.

RSVP by the 12th of September.

Contact Kate Maloney: 0417511954

PARTICIPANTS WILL RECIEVE

- * Instruction in how to use the technique of 'Cued Articulation' to help children develop specific speech sounds
- * Screening tools to Identify speech and language difficulties
- * Demonstrated '10 Tips for Talking' language facilitation techniques
- * A clear framework for developing emergent and early literacy skills
- * Option to attend either seminar or both!

BOTH SEMINARS SUITABLE FOR:

Parent and Educators of children aged
3-8 years





Building parent-school partnerships

WORDS Michael Grose



It starts with respect

The public debate following the incident where two Melbourne private school students were suspended for asking students to vote for the 'Slut of 2016' has been almost as concerning as the incident itself.

While most people via traditional media and social media have expressed outrage and disgust for the students' grubby postings there has also been a number who've defended the students suggesting that we're going overboard with the condemnation. A theme emerged in their defence along these lines: 'Hey, it's tough being a boy! They're just going through a phase! They didn't know they were doing anything wrong! Boys after all, will be boys!'

This is an echo of Eddiegate, when Collingwood president Eddie Maguire famously suggested that he would pay \$50,000 to see journalist Caroline Wilson stay under a pool of cold water and then describing her as 'like a black widow' spider. Later this was brushed off as just having a bit of fun, no harm intended. 'No one surely takes this seriously it's only a bit of fun. Lighten up everyone. This is political correctness gone mad. Boys after all, will be boys!'

Well not 'Boys will be boys; it's only a bit of fun, no real harm meant' are the types of outmoded attitudes that need to change.

As an ambassador for the national 'Stop it before it starts' campaign, which aims to reduce violence against women and children I'm convinced that the cycle of violence starts with disrespect.

Not all disrespectful behaviour towards women ends in violence. But all violence against women starts with disrespectful behaviour. And disrespectful attitudes often start at home.

Sometimes without realising it we can say and do things that make children and young people think disrespectful and aggressive behaviours are acceptable. We do this when we play down boy's disrespectful behaviour toward a sibling; accept aggression as just part of being a boy; and even blaming girls for provoking aggression or disrespectful behaviour.

Gradually, boys and girls start to believe that disrespect is just a normal part of growing up.

Respect starts at home

As parents we have an incredible power to shape positively children's attitudes

and behaviours, including how they treat others. Here are three ideas and attitudes of respect at home:

- 1 Start by insisting that siblings treat each other well. Encourage both genders to resolve conflict and disputes using low power methods such as talking things through; give and take and apologising.
- 2 Socialise your sons. It's easy to excuse boy's aggressive behaviour as part of being a boy. Yes, their physiology may mean they are more prone to handle disputes physically but that doesn't mean we accept that. Model for your sons how to resolve disputes in a civil and civilised way.
- 3 Put respect on the agenda. Healthy families talk about the things that matter to them. If respect matters then you need to hold conversations around disrespectful behaviours – whether they occur in the family outside. Be willing to listen to children's and young people's views but also to challenge views that are questionable.

Respect is the core value of a civil society and that's also the core value in every healthy, functioning family I've ever worked with.



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You'll be so glad you did.



parentingideas.com.au



Building parent-school partnerships

WORDS Sarah Wayland



Helping kids focus in the age of distraction

Finding ways to turn your kids from flitters to focusers – how teaching your children to 'stick with it' can have lifelong benefits.

As a society we often debate about the 'right' amount of screen time, and with the introduction of personal screens over the last decade, to add to TV, laptops and desktops, the focus on a single task has slowly ebbed away. The British Psychological Society found that too much screen time (more than their recommendations of no more than 2 hours per day) could unintentionally cause permanent damage to a child's still-developing brains, impacting the capacity to focus, to concentrate and to give attention to tasks.

Distraction is often managed through the delicate art of re-direction or encouragement to combat the 'but I just can't do it!' However, has this brave new world of binge watching TV, entertainment on demand and socialisation via hand-held devices created kids that always have options for those tasks that require some stubborn determination? If so how might this new way of living and relaxing challenge our kid's capacity to stick with a difficult task when they have a world of entertainment at their disposal?

Dr Daniel Goleman, an award-winning psychologist and TED speaker, emphasises the need for people to engage in skills that foster emotional intelligence. Goleman's belief is that 'Kids learn best when they can maintain sustained attention, whether to what a teacher is saying, their textbook, or their homework. The root of learning is keen focus; distractions kill comprehension.

But the new normal for young people continually interrupts their focus with distractions.

Neuroscientists tell us that the more a young person can practice keeping focus and resist distraction, the stronger and more richly connected this child becomes. By the same token, the more distracted, the less so. Rebecca, a NSW schoolteacher who is passionate about the topic, finds that the evidence is clear in our own homes and in classrooms 'we now have young people who are experts at 'flitting' from one device to another' and she refuses to take a defeatist approach because without refocusing those 'flitters' to focusers who risk the next generations creative or scientific masterminds we risk losing children who are able to 'sit still and agonise over a task long enough to see it through to its marvelous end'.

Tips for helping kids maintain focus and attention

1 Build your child's focus

As with all tasks the aim is to start small and build your child's capacity to master the concept of 'sticking with it'. Emily, a school counsellor, finds that she can use the same strategies with the teens she works with and her primary school aged children when she gets home: 'It's all about breaks and rewards. Set a timer between breaks and then on a break they need to do something active like a push-up. Then there is a little reward for staying on task for a particular amount of time'.

2 Remember it's all about the journey

Parents and researchers agree that understanding what can be gained from being focused is the key to engaging your 'flittering' child. Our solution driven society is often focused on what we receive at the end rather than the process to get there. Teaching your children to tolerate the unexpected can have wonderful benefits, as can sitting with something that may have previously been viewed as unachievable.

3 Keep calm and focus

Use calm methods to engage children who become distracted: breathe, relax and high five each other when working alongside your child or when with a group of children. Talk about what might be achieved at the end and make it a fun process.

Screens, for all their negatives and benefits, are here to stay. Many argue that they provide composure and new experiences to our children's world by identifying exciting technologies but they also provide avenues to 'opt out' of the hard yards.

Reaching what you thought was unattainable by engaging in a single focus and 'sticking with it', can provide life long lessons.

Sarah Wayland



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at parentingideas.com.au. You'll be so glad you did.



parentingideas.com.au